

Healthy Connecticut 2020

State Health Improvement Plan

- Mental Health Substance Abuse ACTION Team Meeting Notes
- Date: Wednesday, November 1, 2017
- **Time:** 1:00 p.m. to 2:15 p.m.
- Location: 410 Capitol Avenue, Hartford DMHAS CONFRENCE ROOM K, 4TH FLOOR OR WEBINAR
- Conference Call Information:
- Attendees: Janet Storey, Cathy Sisco, Ramona Anderson, Shobha Thangada, Judith Dicine, Alyse Chin, Allyn De Maida, Nydia Rios-Benitez, Scott Newgass, Shawn Lang, Laurie Ann Wagner, Chantelle Archer

| Agenda Items | Discussion | ACTION Items and Person Responsible |
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| Welcome and Purpose | Discussed the SHIP 2017 Annual Report which will highlight the work completed within the past year for all seven Action Teams. It will include progress made in addressing the strategies for each team as well as key Action Team highlights. The report will also provide information about the Healthy CT 2020 Performance Dashboard and whether specific targets were met during the past year. Additionally, the report will also include team success stories (i.e. successful interventions that addressed specific health issues/topics). It was indicated that the State Health Assessment (SHA) which will start in January 2018. It was indicated that at the last meeting on 8/30/2017 adjustments were made to the 2018 Action Agenda, specifically adjustments to the objectives. | |
| Objective MHSA – 1 Decrease by 5% the rate of mental health emergency department visits | Strategy 1: Increase knowledge and implementation of behavioral health screening by primary care providers for early identification of possible disorders and guidance for referral to treatment, for youth (age 12-17) and adults (age 18 and older) ❖ SCOPE of Pain: On December 7 th , there will be a meeting on this topic at the Port N Starboard Ocean Front Banquet Center in New London (1225 Ocean Avenue, New London, CT). It will be held from 5pm to 8:30pm. For information about the topic please visit: www.scopeofpain.org | |

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| Objective MHSA – 5 Reduce by 5% the non –medical use of pain relievers across the lifespan (ages 12 and older) Reduce accidental intoxication overdose deaths by 10% | Strategy 4: Expand overdose prevention education and training and Naloxone access and distribution in regions in Connecticut most impacted by opioid substance use and overdose deaths. Prescription Drug Monitoring Program (PDMP): There have been collaborations with the Department of Consumer Protection (DCP). They are gathering information about the amount of prescriptions being prescribed by town etc. There was discussion about promoting awareness/access to Naloxone. It is difficult for local health departments to get funding for naloxone. DMHAS received the State Targeted Response Grant (STR) to address the opioid crisis. Materials on naloxone have been developed for pharmacies and social service organizations. Discussed creating PSAs to promote naloxone. Can contact Dave Dearborn from DSS. DPH can also create a PSA. Discussed DSS by proposing legislation with DPH and DMHAS to clarify who can possess and distribute narcan to the public. Discussed DCP doing pop-up pharmacies that enable the public to have access to narcan. There was clarification that Susan Bufard will provide the numbers for this strategy, not Susan Logan. DPH also has these numbers. Ramon Rodriguez-Santana would be the contact person for this at DPH. There have been press conferences that have mentioned that narcan is available on all college campuses in CT. It will be located in the public safety offices on campus. The Association of School Nurses of Connecticut has been trying to get Narcan available in high schools. Strategy 6: Increase Awareness of safe disposal of prescription opiates and other medications. Local Health Departments are doing national campaigns; they are also updating websites about safe disposal. There was discussion about safe disposal pouches which have been distributed at pharmacies. Strategy 9: Implement statewide uniform data collection mechanism to streamline naloxone use and reversal outcome reporting. There was discussion about developing an App that first responders would use to indicate how many dos | At the February 2018 meeting Ramona and Shobha will be presentations on the work they are doing at DPH. Shawn will send materials about pop-up pharmacies to Janet. Ramona will check with Ramon Rodriguez- Santana (DPH) about getting the numbers for Strategy 4. |
| Next Steps | Next Meeting Dates: February 7, 2018, 1:00 pm-3:00 pm – DMHAS Conference Room K | |